

SAM—WORKERS' COMPENSATION

FIRST AID KITS

(Reviewed 12/13)

2582.1

First aid kits must be provided and readily available to all employees.

The California Department of Human Resources defines and identifies first aid supplies and requests compliance with the guidelines presented.

First Aid: That assistance provided the sick or injured before medical help is available but only with the express purposes of controlling loss of blood, sustaining breathing, and reducing the effects of shock. Suitably trained personnel are highly recommended. Medical diagnosis, treatment, and provision of medicines or drugs (aspirin included) are not appropriate.

These supplies have been approved by a consulting physician, as required by General Industry Safety Orders, Section 3400:

Item:

Sterile gauze pads 4"

Roller gauze 1"

Paper of adhesive tape 1/2"

Triangular bandage

Sterile package of band-aids 1"

Sterile compress bandage 3"

Elastic bandage 3"

Sting swabs

Soap cloths

Container (sealable plastic bag with fairly heavy wall, metal or plastic box.)

All other first aid supplies determined by agencies to be necessary for their operations, will need to be approved by a consulting physician.

(Code reference: Section 3400, Title 8, Chapter 4, California Code of Regulations. Although there may be other codes involved, the above list of supplies was developed in conjunction with Department of Industrial Relations and the Department of Health Services and are considered appropriate for standardized kits.)

Agencies may contact the Office of Risk & Insurance Management's first Aid/CPR Coordinator for assistance in training personnel in first aid/cardiopulmonary resuscitation.