

# The Treasure Box™

A Week of Food. A World of Savings.

**PURCHASE A  
TREASURE BOX**

- **July 2010 Menus**

Each of our boxes brings savings and quality food catered to the needs of families

**The Treasure Box (Monthly Menu)-\$30** provides local families and individuals with a great tool to assist in stretching monthly food budgets – a pre-assembled box of popular and nutritious grocery food items worth between \$65-100 that can be purchased for only \$30. This box always contains 21-25 pounds of high quality, frozen foods including chicken, pork, beef or seafood, in addition to vegetables, fruit, a side dish and a dessert. A family of four can eat these delicious foods for nearly a week, while an individual dine on these fares for nearly a month!

**The Hearty Meat Protein Box-\$30** contains 12-15 lbs of protein and is a great supplement to your regular monthly Treasure Box.

**The Quick & Healthy Meal Box-\$30** contains 10 individually packaged 3 compartment meals. Each meal provides 1/3 of the daily nutritional requirements and includes the nutritional equivalent of 3 oz of meat/protein and either two ½ cup vegetable servings or one vegetable and one fruit serving. Low in fat and cholesterol and ready to eat in minutes. These meals are especially good for senior citizens, those with dietary restrictions, and anyone who is looking for a healthier choice.

**Kids Box- \$30** Kid friendly, quick & easy to prepare meals and snacks for kids and kids-at-heart designed for convenience during those lazy days of summer.

***Order Deadline: Sunday, July 18, 2010  
Pick Up Date: Saturday, July 31, 2010***

# The Treasure Box™

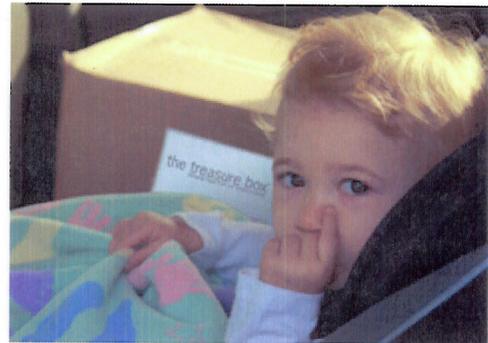
A Week of Food. A World of Savings.

**PURCHASE A  
TREASURE BOX**

## Our Mission at Treasure Box

*To partner with faith-based and community-action organizations to provide families with affordable food and bring communities together, one box at a time.*

A recession is a difficult time for everyone and it can be challenging to figure out where to cut costs and stretch finances. A family's grocery food bill can put them over budget in no time, especially as the cost of food continues to rise. The Treasure Box has developed a solution to the high cost of feeding today's family.



The Treasure Box provides families and individuals with a substantial box of grocery store quality food retailing between \$65-100 for just \$30 each. The Treasure Box cultivates relationships with more than 500 major food manufacturers across the country to purchase and provide top quality, nutritious food at sizeable volume discounts to the general public.

Each Treasure Box contains between 21-25 pounds of high quality, frozen foods, including chicken, pork, beef, or seafood, as well as vegetables, fruit, a side dish and a dessert. One Treasure Box is enough food to nutritiously feed a family of four lunch and dinner for almost a week or a senior citizen for nearly a month.



The Treasure Boxes are offered through surrounding host locations – community action or outreach programs and faith-based organizations. Representing a savings of nearly 60% off of grocery store prices, The Treasure Box provides a positive and healthy impact to families and individuals during this economically challenging time.

The Treasure Box is a division of Good Source Solutions, a food distribution company with more than 20 years of service to non-profits, higher education institutions, government feeding programs and specialty markets.



## 2009/2010 MONTHLY ORDER & DELIVERY SCHEDULE

MONTH	ORDER DEADLINE	DELIVERY DATE
January	1-17-10	1-30-10
February	2-14-10	2-27-10
March	3-14-10	3-27-10
April	4-11-10	4-24-10
May	5-09-10	5-22-10
June	6-13-10	6-26-10
July	7-18-10	7-31-10
August	8-15-10	8-28-10
September	9-12-10	9-25-10
October	10-10-10	10-23-10
November	11-7-10	11-20-10
December	12-05-10	12-18-10





# Kids Box \*

LIMITED QUANTITIES AVAILABLE

3 LB.	CORN DOGS
1 LB.	FRANKS
1 LB.	GROUND BEEF
6.7 oz.	CHEESEBURGER MACARONI DINNER MIX
3.75 LB.	MACARONI AND CHEESE
2.1 LB.	BEAN AND CHEESE BURRITOS
6 EACH	INDIVIDUAL PIZZAS
2 LB.	FRENCH TOAST STICKS
1.8 LB.	BREAKFAST WRAPS
1.5 LB.	APPLESAUCE CUPS
17 oz.	CRISP RICE CEREAL
15.8 oz.	SNACK CEREAL BARS

**ONLY \$30.00  
PER BOX**

RETAIL VALUE: \$45.00 - \$75.00

**ORDER DEADLINE:  
JULY 18<sup>TH</sup>  
PICK UP ON:  
JULY 31<sup>ST</sup>**



**TO ORDER GO ONLINE AT  
[WWW.THETREASUREBOX.ORG](http://WWW.THETREASUREBOX.ORG)**

\*WE RESERVE THE RIGHT TO SUBSTITUTE ANY ITEMS  
DUE TO AVAILABILITY. WE APOLOGIZE FOR ANY  
INCONVENIENCE THIS MAY CAUSE.



# HEARTY MEAT PROTEIN BOX

- 3.67 LB. CHICKEN THIGHS**
- 3 LB. (AVG. WT.) WHOLE CHICKEN**
- 2 LB. BEEF PATTIES**
- 2 LB. GROUND BEEF**
- 1.88 LB. BONELESS CHICKEN BREAST**
- 1.5 LB. BEEF MEATBALLS**

**ONLY \$30.00**  
**PER BOX**  
RETAIL VALUE: \$60.00 - \$75.00

**14.5**  
**LBS.**  
**TOTAL**

ORDER DEADLINE:  
**JULY 18<sup>TH</sup>**  
PICK UP ON:  
**JULY 31<sup>ST</sup>**

GoodSource

the treasure box™  
a week of food. a world of savings.



QUICK & HEALTHY\*

- *Ham and White Beans*  
with diced sweet potatoes & winter blend vegetables
- *(2) Salisbury Steak with Gravy*  
with sour cream and chive potatoes & mixed vegetables
- *Chicken Parmesan*  
with whipped potatoes & summer blend vegetables
- *Meatloaf with Tomato Sauce*  
with diced rutabagas & lima beans
- *Chicken with Penne Pasta*  
with summer blend vegetables & green beans
- *Lasagna with Meat Sauce*  
with squash & brussel sprouts
- *New Orleans Chicken over Rice*  
with okra & diced sweet potatoes
- *Chicken Tetrazzini*  
with diced carrots & green peas
- *Egg Patties*  
with turkey sausage, diced potatoes & peaches

10  
MEALS  
FOR JUST  
\$30

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JULY 31<sup>ST</sup>



THESE DELICIOUS MEALS ARE:

QUICK TO FIX...  
JUST HEAT IN  
MICROWAVE OR OVEN!

LOW IN FAT  
LOW IN CHOLESTEROL

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# JULY MENU\*

3.89 LB.	CHICKEN BREASTS
2 LB.	GROUND BEEF
1.5 LB. (AVG. WT)	TURKEY HAM
1.4 LB.	BREADED CHICKEN PATTIES
1 LB.	SMOKED SAUSAGE
1 LB.	BREAKFAST ITEM
2 LB.	CHILI
1.4 LB.	MEXICAN ENTREE
1 LB.	FROZEN PEAS
1 LB.	FROZEN BLACKBERRIES
2 LB.	EXTRA LONG GRAIN RICE
1.5 LB.	SEASONED STEAK FRIES
ONE	DESSERT

**ONLY \$30.00**  
**PER BOX**  
RETAIL VALUE: \$75.00-\$100.00

**ORDER DEADLINE:**  
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